ARDMORE ROYERS F.C. - FOUNDED 1979 -

Manager / Coach / Volunteer Code of Conduct

The essential elements of character building and ethics in sports are embodied in the concept of sportsmanship and the six core principles, trust worthiness, respect, responsibility, fairness, caring and good citizenship. The highest potential of sport is achieved when competition reflects these

"six pillars of character."

Managers, Coaches and Volunteers have a vital part to play in moulding the character of children and young adults and their Behaviour is also vital to ensure a respectful team of players. What Managers and Coaches and Volunteers do on the side-line is mirrored on the pitch and you are a role model and benchmark for your players

Therefore:

- Remember that as a coach of under-age teams you
 must act in" loco parentis" and to that extent your duty
 of care is more onerous than that of a coach to an adult
 team.
- 2. Remember that young people need a coach whom they can respect. Lead by example.
- 3. Be generous with your praise when it is deserved.
- 4. Never ridicule, shout or accuse any player for making mistakes or losing a match.
- 5. Teach your players that the Laws of the Game are mutual agreements which no one should evade or break
- 6. Be reasonable in your demands on the players time, energy and enthusiasm. Remember that they have other interests and demands on their time.
- 7. Ensure that all players get to participate in matches. The 'average' players require and deserve equal time.
- 8. Ensure you do not encourage any behaviours or practices that would endanger the health and wellbeing of the players.
- Remember that young players play for fun and enjoyment and that skill learning and playing for fun have priority over highly structured competition. Winning is not the only objective.
- 10. Ensure that your players treat other players, coaches, officials, and spectators with respect regardless of race, creed, colour, sex or ability.
- 11. During match days refrain from entering the field of play for any reason whatsoever unless invited by an official.

- Develop player and team respect for the ability of opponents, as well as for the judgement of referees and opposing coaches.
- Insist on fair play and disciplined play. Do not tolerate foul play, fighting or foul language. Be prepared to take off an offending player.
- 14. Set realistic goals for the team and individual players and do not push young players into adult-like competitions.
- 15. Encourage young players to develop basic skills and sportsmanship. Avoid over specialisation in positional play during their formative years.
- 16. Create a safe and enjoyable environment in which to train and play.
- 17. Do not over-burden younger players with too much information.
- 18. Make a personnel commitment to keep yourself informed on sound coaching principles and methods, and on the principles of growth and development of young people.
- 19. Never criticise the referee or assistant referee during or after a match in front of players or spectators.
- 20. Always thank the match officials and if they have made decisions which require clarification, discuss the problems calmly and in private.
- 21. Seek and follow the advice of a doctor in determining when an injured player is ready to play again.
- 22. Ensure that proper equipment and facilities are always available.
- 24. Ensure that all your players know that bullying and Violence whether verbal or physical will not be tolerated.
- 23. Never engage in any form of Violence, Verbal abuse or spitting towards coaches, players, Referees & officials, spectators be it your own or opponents.
- 24. Never engage in any kind of unsportsmanlike conduct with any official, coach, player, or parent, such as booing and taunting, refusing to shake hands, or using profane language
- 25. Please refrain from smoking in the presence or in view of your players be it at training or Matches